

MEET MARK INGLIS

Mark Inglis, motivational speaker, business creator, scientist, winemaker, mountaineer, sportsman, high achiever and member of the amputee community.

Name: Mark Inglis

Born: 60 years ago, in Geraldine

Parents/their jobs: Jim and Mary - Dad was a blade shearer, then when his back gave out drove stock trucks for many years. The last decade plus of his working life was as the grader driver in South Canterbury. Mum worked for as long as I remember, mainly in retail clothing, for many years at Morrisons, a Geraldine institution.

Siblings: Both older, I'm the baby of the family.

Grew up: My family would suggest I am yet to grow up. In the mountains of the Southern Alps.

Schooling: Geraldine High – NZ's first form 1 – 7 high school, innovative, amazing school.

Lives: Hanmer Springs for last 17 years.

Marital status: I think the secret to the last 39 years of marriage to Anne is I have been away for about half of that time!

Children: 3 amazing kids, living amazing lives.

Work history: Probably should read one of my 5 books – SAR mountaineer, scientist, winemaker, business creator and owner, motivational speaker, high altitude trekking guide, MTB trail builder and manager Still looking.

Physical challenges: Love cooking and tasting food too much so always battling with expending enough energy!

Became a double amputee due to severe frostbite (Middle Peak Hotel stay in November 1982) at 9am on Christmas Eve 1982, Burwood Hospital – never

looked back – Have a read of “No Mean Feat” (also available as a doco at NZ On Screen

online) or “Legs On Everest” (also check out

Everest Beyond The Limit – series one)

Vocation: Up until 4 weeks ago, one of NZ's

leading Motivational Speakers, working in NZ,

Australia, India, UK, Asia, US – now will be online, just not the same. Trail Manager for Hurunui Trails (MTB and Walking Trails),

on a

range of advisory and governance boards, Founder, trustee and manager of Limbs4All

–

major enablement programs for disabled in Nepal & Cambodia. What next? always looking.



(Mark on Mt Everest)

MEET MARK INGLIS CONT:

I love people who: Do stuff, not just talk about it – authenticity in life is essential.

Favourite food: Whatever my current cooking fad is.

Favourite place: The mountains – anywhere in the world.

Favourite activities/hobbies: My bikes (MTB and road), my skis, high altitude trekking/climbing, higher the better, building legs.

Favourite music: Always changing but mostly end up back with new wave from the late 70's and early 80's – check out Original Mirrors.

Favourite movie: Probably has to be Shrek!

Favourite books: Read a lot, mostly fiction, often crime. The detail of Frederick Forsyth is always a go to re read.

My past: Probably need to read “No Mean Feat” Not enough hours in the day to rewrite it all – don't believe everything you read on Wikipedia!!!!!!

When I was little I remember: Growing up in rural NZ, growing up tramping in the hills of South Canterbury.

My family is: - amazing – why? They put up with me!

The hard times I remember are: - the building blocks of future experience and opportunity

I grew up thinking that : - Hard work and focus creates the opportunity in life. Don't wish, DO.

I look back on my life and think: - I'm ½ way.

The greatest risk I ever took in life was: - so many and still taking them – I just leap into things with the total belief that I can nail it – mostly works!

Travel experience: The core of my life up until mid March 2020 – life changed. I miss my friends and the mountains of Nepal, my friends and the paddy fields of Cambodia, my friends and the insane hype of Mumbai, riding the canal towpaths with my family in Birmingham UK, working with



businesses in Iran and Iraq, walking the high fields

of the Dolomites with hero's Peter Habeler and Reinhold Messner, standing on the roof of the world, being on the edge of life.

Present day: - Rethinking life post Covid19.

I love to: - Learn new stuff, learn the detail of how stuff works.

I am happy when: - I have just completed a project and started doing something new – I get bored easy! Heading off on a new adventure, new

legs in the bag, new and tough experiences awaiting, it's how we grow.

I find it hard to: - do the same thing twice and put up with people who don't know how to think.