

*doing more
with less!*



Amputee Society
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August 2016

Editor's Message

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Quote of the Month:

We live in a society where pizza gets to your house faster than the police. *Unknown*

Fun Fact:

Only 5 % of NZ's population is human, the rest are animals.

Editor's Message

Disclaimer: The information contained in this newsletter does not necessarily reflect the views of the Amputee Society of Canterbury/Westland)

Back in early June, I was saddened to hear the news that Muhammad Ali had passed away after a long illness battling Parkinson's Disease. No doubt, the injuries he sustained in the boxing ring contributed to his failing health but there was no doubting the well used phrase that "He was one of the greatest athletes the world has ever seen". Professionally and personally, no sports figure mastered the art of the comeback better than Muhammad Ali. He survived fierce opponents like Sonny Liston, George Foreman, Joe Frazier and the United States Draft Board. Though Parkinson's Disease slowed him down and silenced him, he gave it a 30-year run for its money. To the end, he made us think he was unbeatable, that there would be a rally in the 15th round. Ali fought as hard for his beliefs as he did for the heavyweight championship of the world, angering as many people as he inspired. He joined the Nation of Islam in 1964, ushering in a name change that may newspapers wouldn't honour. In 1967, Ali himself refused to honour the U.S. Government's mandatory conscription during the Vietnam War, famously stating "I ain't got no quarrel with the VietCong." It was unprecedented to see a figure this major and popular make what appeared to be career-ending moves, even more so when that figure was completely unfazed by their outcome. Stripped of his title, it would be nearly four years before Muhammad Ali would fight again. Like many kids, I loved Muhammad Ali. I loved that he could fight, but my real reason for idolizing him was far less violent: Muhammad Ali *ran his mouth* and could back it up. "I'm pretty!" he'd bellow unexpectedly, before dissing the features of his opponents. "Ain't he ugly?" he'd ask of Joe Frazier, whom he also called "a gorilla." Not only did he tell you he was "the Greatest," **he proved it**. He was my childhood hero, and like my childhood, he is gone. Ali was 74. May he rest in peace.

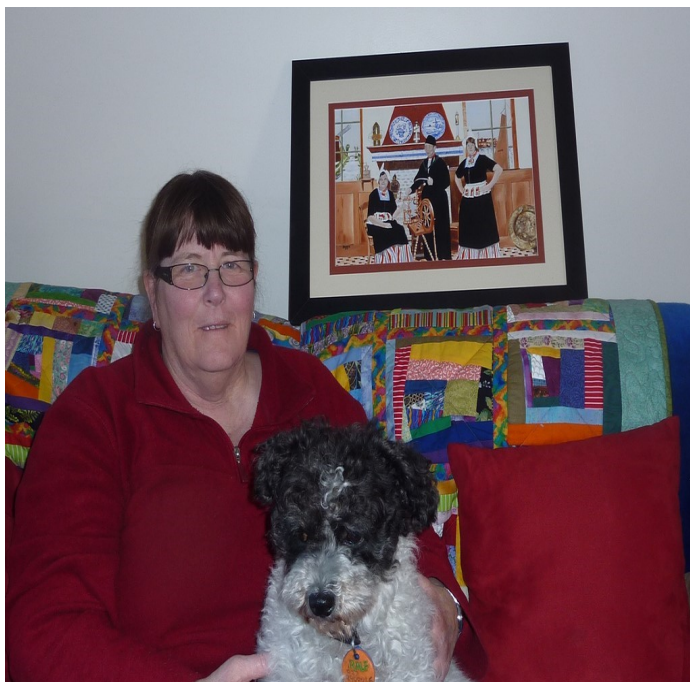


Affiliated with the Amputees Federation of New Zealand Inc.

Meet Joanne Boereboom:

For those of you who do not know Joanne, she is the website manager and also the stand-in treasurer for the Canterbury/Westland Society.

Joanne was born in Dunedin in 1958 and completed her primary and secondary education there. Her parents had emigrated to NZ from Holland after WW2, originally moving to Roxburgh, where her father worked on the hydro dam project, before moving to Dunedin to run a 7 day a week dairy in St Kilda. She recalls that life always seemed to be extremely busy for her Mum & Dad. Jo has 3 brothers, 3 step-brothers and her mother now lives in Millers Flat between Dunedin & Roxburgh. After leaving school, Jo's first job was at the Cherry Farm institution for 2 years as an aide before moving on to work for IHC in Dunedin where she stayed for the next 26 years. During her time with IHC, she managed 2 day services outlets where IHC attendees worked and she said she really enjoyed this experience. Whilst working for IHC, Jo made several trips to Holland to meet all of her parent's relations and ended doing a lot of travel in Europe to Belgium, Germany, France & Sweden.



In 1984, IHC sponsored Jo to complete a diploma in Teaching People with Disabilities at ChCh Teachers college over a 2 year period and she found that she liked ChCh as a city. Jo loved living on a lifestyle block at Portobello on the Peninsula where she had numerous animals including 3 dogs, 3 cats, 3 goats, a pet sheep and a goose called "Missy". After a relationship ended in 2000, she decided to move to ChCh where she lived with one of her brothers. She said she found living in the city in a confined space very hard after life on the Otago Peninsula. She then made a decision to travel back to Europe and ended up living in Sweden for almost a year but her visa did not allow her to work during this time. In winter, Sweden is in complete darkness, temperature at -25 degrees Celsius and these factors along with not being able to work, caused her to return to ChCh and start her new life here. She joined the ChCh Tramping Club which gave her the opportunities to visit many interesting places around NZ including the Milford, Heaphy, Stewart Island and the Kepler Track, where she said it got very scary when the group became snowed in. In 2003, when tramping near Mt Hutt, Jo had a fall and sustained a broken foot which tore all her ligaments and despite numerous surgeries to try and correct the problems, she lost her leg BK in 2009 due to complications. Since that time, Jo has been unable to work full-time due to Chronic Regional Pain Syndrome (CRP) but is currently heavily involved with the society on a voluntary basis as well as being a computer tutor part-time. Jo currently lives in Linwood with her loyal companion, "Ralf", a Bichon/Papillion cross.

During her childhood, Jo has this vivid memory of enjoying a Xmas Day BBQ with her extended family as it was her parent's ONLY day off. She also recalls being looked after by a neighbour who used to sprinkle pepper on cooked eggs.

Continued:

Whenever Jo smells pepper nowadays, it always reminds her of that childhood time!

Difficult times that Jo remembers was the time spent dealing with the issues surrounding her leg problems leading up to the amputation but she says the positive things to come out of this was becoming involved with the Amputee Society, assisting other amputees and also learning to paint which has become a real passion for her. Jo stated that she still finds it difficult to deal with & manage her pain issues and knowing when "too much" is TOO MUCH". Working on her time-management skills is an ongoing project! Another aspect of life which Jo finds very satisfying is mentoring other people with problems and is currently assisting two people in their daily living challenges. In looking back on her life, Jo says that she has always been at her happiest when she has been challenged and learning new things. Currently, she is working on improving her written Dutch in order to communicate better with her family in Holland.

FAVOURITE FOOD: Salads, fish & chicken.

FAVOURITE PLACE: Harwood on the Otago Peninsula.

ACTIVITIES/HOBBIES: Art, painting, computer tutoring, web design, voluntary work & gardening.

FAVOURITE MUSIC: Pink Floyd, Roy Orbison.

FAVOURITE MOVIE: Shawshank Redemption & One Flew over the Cuckoo's Nest.

Jo admits to not being a "reader", prefers to be hands on doing things.

Jo, thank you on behalf of the Society for all the voluntary work you do to help out and it is always a pleasure to be in your (and "Ralf's" company)

Graham Flanagan:

Graham Flanagan is well known to many amputees not only regionally but also nationwide after 38 years of being employed by the Artificial Limb Service, initially as a prosthetist and then National Manager. Graham happily contributed to the welfare of amputees by being on the committee of our local society for many years and he was a fantastic "link" between the provider of services and us, the consumers.

Due to the restructuring currently being implemented by Sean Gray, CEO of The Artificial Limb Service, Graham chose to invoke a redundancy clause in his contract and recently retired from his employment with the service. After my amputation in 1985, Graham was my clinician and made the first leg of many over the ensuing years. I know I speak for many amputees when I extend my thanks to Graham for his wonderful service over such a lengthy period of time.

On behalf of all amputees, I would like to wish him and his wife, Deb, all the very best for the future. I hope Graham will have more time on his hands to pursue his passion for Jaguar motor vehicles and travelling with Deb. Thank you most sincerely Graham for all that you have achieved and provided to amputees.

Society News :

WINERY TOUR. CRACROFT CHASE VINEYARD.

Cracroft Chase Winery was one of our kind sponsors for our recent conference. The winery is situated in a picturesque cul-de-sac valley nestled at the foot of the Port Hills on Shalamar Drive, Cashmere. It is owned and operated by Alex and Wilma Laryn who



emigrated to NZ from Italy in 1996. The tour takes around one hour and includes the vineyard along with the winemaking facility followed by tasting and nibbles. The cost of the tour is **\$15 per person** (payable on the day). The date set for this outing is, **Sunday, September 18th at 1pm.** Would those members interested please call or email by **August 30th** to confirm their interest so that numbers can be supplied. Joanne Boereboom, phone 942-5320/027 2909246 or farmtree@paradise.net.nz

DIRECTIONS. Travel south on Centaurus Rd past Princess Margaret Hospital, take the 2nd turn to the left to Shalamar Drive and follow the road to the winery.

Outward Bound Course:



The Outward Bound School at Anakiwa in Queen Charlotte Sound has advised that an "ACTIVATE" course specifically designed for people with a physical disability will be run over an 8 day period, November 5th-12th, later this year. To



qualify, one must be able to manage your own personal care, transfers, medications and be able to take part in a full day's activities. For WINZ clients, full funding is available but if not, Outward Bound will source sponsorship from the Outward Bound Foundation. This is a fantastic course which I participated in back in 2005 and I would encourage anyone interested to call Lisa Healy at Outward Bound on 0800 688 927 at your earliest convenience to express your interest in attending.

SUNDAY NOVEMBER 20TH, 2016.

Please keep this date free for our yearly Christmas function to be held at the Hornby Workingmen's Club. Good raffles, great food and the company of fellow amputees. Further details will be advised in the October newsletter.

Smile Awhile



Web Sites

Amputee Society of Canterbury & Westland Inc.

www.amputeeinfo.co.nz

The Amputees Federation of NZ

www.af.org.nz

Amputee Information

www.mossresourcenet.org

International Diabetes Federation

www.idf.org

Parafed Canterbury

www.parafedcanterbury.co.nz

Disability Awareness in Action

www.daa.org.uk

Amputee News

www.amputeenews.com

Disability Rights Commission

www.drc-gb.org

UN Programme on Disability

www.un.org/issues/m-disabl.asp

WEKA-NZ Disability Info

www.weka.govt.nz

Disabilities Information Service

314 Worcester Street, Christchurch

PO Box 32-074, Christchurch

(03) 366-6189

(03) 379-5939

9.00am - 4.30pm

Email: admin@aspirecanterbury.org.nz

Website: www.aspirecanterbury.org.nz

Amputee Coalition (USA)

www.amputee-coalition.org

NZ Limb Service www.nzals.govt.nz

Kipp's Patch www.kipps-patch.com

**Nation Wide H&D Advocacy
Service** – 0800 555050

**Amputee Society of
Canterbury & Westland Inc.**

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Life Members

Rachel White Rod Boyce
Liz Rogers Ray Boundy*
Heather Plows Ray Newton
*Deceased

Artificial Limb Service

330 Burwood Road, Christchurch
Phone 03-383-0501
Fax 03-383-3566
Hours: 8.00am - 4.30pm

Office administrator

Pauline Afitu
www.nzalb.govt.nz

Association Bank Info

Westpac 03 0830 026 4400
00

**Burwood Hospital
Hydro Pool**



**Wed: 4-30pm-6-30pm
Sundays: 1pm – 2-30pm**

This is with Parafed and
there is a \$2.00 charge.

Need Computer Help ?

Contact Joanne for advice
at very affordable rates.

Mobile 027 2909246

Home 942-5320



Christchurch City Council

Thanks to Our Sponsors:

