In the News this week; lots of kids are getting ready to compete in the <u>Halberg Junior Disability Games</u>; and original NZ research shows that minerals help with emotional regulation for <u>people</u> with ADHD.

Melanie

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ITS US!

MAKING IT HOME | UNO | SEPTEMBER

They joined forces in the 80s with Richard Cashmore, the Bayleys founder, and the two businesses started to operate as The Realty Group, whose structure still exists today..... Some aspects of this philanthropy were public - like the highly popular Crippled Children's Society (now CCS Disability Action) fundraising dinner, which the company was involved with for around 10 years. But most of it was very low key indeed, with staff from all levels of EVES and Bayleys helping out.

NEWS

ACCESSIBLITY

KEEPING ACCESSIBILITY ON THE AGENDA | ACCESS ALLIANCE PRESS RELEASE | 6 OCTOBER 2017

From my last email at that crucial time ahead of the election, we needed a big response to make sure all political parties knew that accessibility legislation mattered to voters. Hundreds of you responded and contacted your local candidates to tell them that Access Matters - and it worked. Click here if you are ready to hold our politicians to account on accessibility.

LIFTING NZ'S ACCESS GAME | LAWTALK | 1 OCTOBER

Law Foundation funding will allow a broad group of organisations that help people with disabilities to better understand best practice in international disability law and how it might be applied in New Zealand.

The project was organised by the Blind Foundation for the Access Alliance, which includes six other organisations representing people with access needs: Auckland Disability Law, CCS Disability Action, Deaf Aotearoa, Disabled Person's Assembly, Parents of Vision Impaired New Zealanders and Inclusive New Zealand. Collectively, the organisations help 156,000 disabled New Zealanders.

MASSEY GIFTED TWO ALINKER BIKES | MASSEY UNIVERSITY PRESS RELEASE | 6 OCTOBER 2017

The Alinker is a non-motorised three-wheeled walking-bike without pedals. It allows people to live an active life, despite existing or developing mobility challenges.

THE ARTS

<u>A TOUCH OF INSPIRATION</u> | WEEKEND HERALD | 7 OCTOBER

Knot Touch, by Waiuku-based Korean artist and teacher Jae Kang, uses materials commonly found in the maritime industry, like nets and ropes, and a staggering variety of knots - with names like baggywrinkle, monkey fist, constrictor knot, the falconer and crown loop.... Best of all, it is art to be touched, climbed in and on, pushed and wiggled. You don't stand and look at Knot Touch, you move through it and become surrounded by it. Influenced by her own experiences, it reflects Kang's desire to make art that is accessible to all.

TRISH HARRIS' POETRY NAVIGATES HOSPITAL LIFE | ARTS ACCESS AOTEAROA PRESS RELEASE | 4 OCTOBER 2017

Hospital life from a patient's perspective is captured in Trish Harris's first collection of poetry, My wide white bed, to be launched on Saturday 14 October at Pataka Art + Museum in Porirua.

AWARENESS WEEKS / DAYS AND AWARDS

<u>DUNEDIN'S ARTSENTA PROMOTES MENTAL HEALTH AWARENESS WEEK</u> | ARTS ACCESS AOTEAROA PRESS RELEASE | 3 OCTOBER 2017

It's important to make mental health and wellbeing more visible, Paul says. "We're actively working with other organisations in the mental health sector to support each other, develop best practice, and share resources and ideas.

KURA PRECIOUS ONES SPECIAL NEEDS SUPPORT GROUP WINNER| TRUSTPOWER PRESS RELEASE | 2 OCTOBER 2017

"The support group is a place for people to come together while their babies play to have a korero and kai, and share experiences, advice, support and lots of aroha. They provide such an important support network for the whānau in their community, and a welcoming space for everyone to share and learn" she says.

BLIND WEEK RAISES VITAL FUNDS FOR KIWIS WITH SIGHT LOSS | BLIND FOUNDATION PRESS RELEASE | 2 OCTOBER 2017

Blind Foundation's Chief Executive Sandra Budd, says: "We are currently only able to reach a third of the people who need our help, but with the generous support from all Kiwis, we can do so much more.

CAREGIVERS

INTERVIEW WITH GOLRIZ GHAHRAMAN, THE FIRST EVER REFUGEE ELECTED | NEWSTALKZB | 9 OCTOBER

Ghahraman refers to one of her cases which was fighting for the family carers of disabled persons trying to get fair payment.

CHILDREN

GLOW KIDS' DIGITAL EXCESS | SUNDAY NEWS | 8 OCTOBER

"There is an increasing amount of clinical research correlating screen time with disorders such as ADHD, anxiety, depression and increased anxiety."

DISABILITY SERVICES

<u>VOLUNTEER MAKES HIS WAY TO TOP CHARITY JOB</u> | TARANAKI DAILY NEWS | 5 OCTOBER Taylor had no children of his own with disabilities, but his accountancy and governance skills were very welcome.

"It's absolutely enriched my life. Being a chartered accountant commercially on the one hand and being involved with charity on the other, and its been great for my children and grandchildren, the children accept disability, they're able to accept disabled children in the playground and talk to them".

ONLINE INFORMATION HUB PROVIDES ANSWERS | UNLIMITED PRESS RELEASE | 6 OCTOBER

The Life Unlimited team will answer questions either by phone, email or on social media drawing from research or our experience and provide relevant and credible responses.

ARTHRITIS NEW ZEALAND OFFERS FREE PHONE SUPPORT | ARTHRITIS NEW ZEALAND PRESS RELEASE | 5 OCTOBER 2017

People with arthritis in the Waikato DHB area now have access to personalised telephone support from Arthritis New Zealand.

EDUCATION

SCHOOL STAFF QUIT AFTER ABUSE CLAIMS | THE PRESS | 9 OCTOBER

Two parents are upset and believe staff who allegedly assaulted children and detained them in a laundry at a special needs school have escaped charges and deregistration.

TEACHERS WANT MORE STUDY ON COMBINED CLASSES | NEW ZEALAND HERALD | 6 OCTOBER

Pageau said he visited the new Haeata Community Campus, a Year 1 to 13 school for 950 students in Christchurch, and asked the principal about the effect of the large spaces on pupils with attention deficit/ hyperactivity disorder (ADHD) who were easily distracted. "He said there was one student who had more trouble at his previous school and did better at Haeata," Pageau said.

"I challenged him and he said, 'I will have to agree with you that this is not the school for those specific learning needs, we can't cope with them'." Pageau said research showed that children with ADHD needed to sit in front of a class surrounded by quieter students and with close supervision by a teacher.

THOUSANDS MORE KIWI STUDENTS APPLYING FOR EXAM HELP | THE PRESS | 5 OCTOBER

The New Zealand Qualifications Authority (NZQA) is fielding about double the number of applications it did three years ago after dropping a requirement for expensive education psychologists' reports.

Schools and disability advocates said allowing schools to give evidence of students' needs helped address the demand that was "always there" by making access to reader-writers more affordable.

EMPOWERING ADULT LEARNERS WITH DYSLEXIA TO ACHIEVE SUCCESS | AKO AOTEAROA PRESS RELEASE | 5 OCTOBER 2017

An Ako Aotearoa co-funded project currently in progress, is already providing adult learners with dyslexia the assistance they need to be successful in their tertiary studies.

TEACHERS COMMIT TO ACTION TO FREE TEACHERS TO TEACH | NZEI TE RIU ROA PRESS RELEASE | 4 OCTOBER 2017

Primary teachers and principals have committed to taking action next year in order to give every child more teacher time, and attract more people to teaching.

TEACHERS SEEK CHANGES - CHILDREN STARTING SCHOOL STILL IN NAPPIES | HOKITIKA GUARDIAN | 4 OCTOBER

Auckland Primary and early childhood teachers have asked the Government to let them divert money away from expert teachers to provide extra support for needy children.

EMPLOYMENT

DISABLED PEOPLE TWICE AS LIKELY TO BE UNEMPLOYED SAYS STATS NZ | EMPLOYMENT TODAY | 1 OCTOBER

The unemployment rate for disabled people (11.4 percent) was more than double the rate for non-disabled people (4.5 percent).

<u>HIRING AUTISTIC EMPLOYEES—A SMART CHOICE</u> | EMPLOYMENT TODAY | OCTOBER 2017

People with autism may have many invaluable skills that are sought after by today's employers—like attention to detail, diligence, perseverance and an ability to think outside the square—but they are often disadvantaged when it comes to getting and keeping a job because of difficulties with social communication and interaction, and because of other people's lack of understanding.

EVENTS

LIVING OPTIONS SEMINAR | AUCKLAND | OCTOBER & NOVEMBER

Residential Care; Supported Living; Choice in Community Living; Family Governed models

CHINESE FAMILIES AUTISM SUPPORT GROUP MEETING | AUCKLAND | 17 OCTOBER

Parents always seek recreation and leisure activities for their children with disabilities. They often express that they have difficulties finding activities for their children to do. The topic of this meeting will be on some holiday programmes, recreation and leisure activities in Auckland for all children across age groups.

TRANSITION SEMINAR | AUCKLAND | OCTOBER

Post schooling options and process for students with a disability

FUNDING & FUNDRAISING

GRANT TO BUY RDA HELMETS | WAITOMO NEWS | 3 OCTOBER (PAGE 6)

Otorohanga Riding for the Disabled (RDA), which provides therapeutic horse-riding sessions for children and adults with physical, intellectual, emotional, or social challenges, received the largest grant of \$1650 to purchase 15 new helmets.

<u>DILLON SCHOLARSHIP APPLICATIONS</u> | WHAKATANE BEACON & TE PUKE TIMES | 3 OCTOBER (PGE 6)

EASTERN Bay students who have a significant physical or intellectual disability can now apply for their share of BayTrust's \$100,000 Dillon Scholarship fund to help them undertake tertiary study next year.

HEALTH

LANDMARK DECISION BY VETERANS' AFFAIRS | PARKINSONS NEW ZEALAND PRESS RELEASE | 6 OCTOBER 2017

Veterans Affairs' New Zealand has recognised that Parkinson's is linked to a toxic solvent used within the Navy, both on ships and on shore, and will now be paying disability compensation.

DRINKING HABITS RISK TO BABIES | THE PRESS | 4 OCTOBER

She said the issue was a serious and underestimated public health problem in New Zealand as there were up to 3000 babies born each year with undiagnosed FASD.

FAMILY OF SEVERELY DISABLED BOY CAMPAIGN TO ACCESS MEDICINAL CANNABIS | NZ HERALD | 4 OCTOBER

"He is resistant to all the drugs he's tried. So they either make the seizures worse or bring on a different kind of seizure or they change his personality."

MENTAL HEALTH

WHO'S CARING FOR OUR KIDS? | SOUTHLAND TIMES | 4 OCTOBER

A bookshelf pinned the 2-year-old to her bedTen months later, both children are still scared of wind and trucks going down the road, which can sound like rumbles of approaching earthquakes...She said, 'Nana, I'm scared because mummy put me in the car by myself'."

MOBILITY PARKING AND TRANSPORT

MORE PARKING OPTIONS AVAILABLE IN CBD | WANGANUI CHRONICLE | 5 OCTOBER

The plan submitted to councillors also makes minor tweaks to other parking rules including St Hill St, the city's airport, disabled parking outside the main town centre and parking exemptions.

FED UP WITH ILLEGAL PARKERS | TE PUKE TIMES | 5 OCTOBER

John Judson says on one occasion he walked around the town centre and noted that all but one of the mobility spaces in Jellicoe St were occupied by vehicles without mobility permits.

PEOPLE

'MY PARENTS DIDN'T TELL ME I WAS BLIND UNTIL I WAS 17' | NZ HERALD | 9 OCTOBER

A TED talk I gave encouraging business to value people with a disability has been viewed over two million times. And I've just launched a global campaign, #valuable, that is calling on businesses across the world to recognise the value of the one billion people living with disabilities.

RAUKATAURI MUSIC THERAPY CENTRE APPOINTS NEW DIRECTOR | RAUKATAURI MUSIC THERAPY CENTRE PRESS RELEASE | 4 OCTOBER 2017

Her involvement with music therapy, the use of music to assist with the growth and development of people with emotional, intellectual, physical or social needs, began with her Masters of Music Therapy from the Georgia College and State University.

SPORTS

<u>DESIGNER'S THERAPEUTIC EQUESTRIAN SADDLE EXCITES</u> | MASSEY UNIVERSITY PRESS RELEASE | 9 OCTOBER 2017

Industrial design graduate Holly Wright's specialised saddle for disabled riders is creating excitement beyond equestrian circles. The saddle, called Contak, focuses on safety, experience and adaptability for the rider, volunteers and the horse involved.

UNBEATEN AXEMEN CUT UP RIVALS | THE WELLINGTONIAN AND DP | 5 OCTOBER

The club, all of whose teams are known as the Axemen, won the NZ Junior Rugby Festival in Taupolast weekend, clinching the title in a hard-fought final against Pakuranga.

A regular feature of the team throughout their unbeaten season has been right-wing Sai Daunibau, who had his left arm amputated in 2013 after being hit by a bus while visiting relatives in Fiji.

SPORTS- HALBERG JUNIOR DISABILITY GAMES

PARA ATHLETICS: PATHWAY TO PODIUM HELPS FOSTER HEALTHY HABITS | HAWKE'S BAY TODAY | 9 OCTOBER

"I'm hoping to win the triathlon again," says the Napier Boys' High School pupil who is eyeing his fourth consecutive long-course (swim, cycle, run) open-grade crown at the three-day Halberg Junior Disability Games in Auckland starting tomorrow.

I'M GOING TO BE TIRED, LIAM SAYS | THE STAR DUNEDIN | 5 OCTOBER

He said people with cerebral palsy could be "athletes for life", as they constantly had to work hard to build and retain full strength in their affected muscles

SUPPORT TEES AIDEN UP | TE PUKE TIMES | 5 OCTOBER (PAGE 3)

"All disability sport starts at 8, so he's not really been able to be involved before, but we are hoping it will open a lot more doors for him to be able to get involved in sport," says Monique

COAST BOY OFF TO JUNIOR DISABILITY GAMES | GREYMOUTH STAR | 5 OCTOBER

Greymouth's Jyvhen Duell headed off to Auckland today to take part in the Halberg Junior Disability Games as part of the Canterbury team. The Blaketown School Year 8 pupil is the only West Coast competitor in the games. He will be competing in the swimming events and is also keen to give the triathlon a go. Jyvhen has hemiplegia, a type of cerebral palsy which affects the left side of his body.

<u>SWIMMING: TEENAGER SHARPENING FORTITUDE IN POOLS OF PROMISE |</u> HAWKE'S BAY TODAY | 4 OCTOBER

"Swimming was great for recoveries and I was having lots of that [surgery]," says the 17-year-old para swimmer from Hawke's Bay before heading off to the five-day New Zealand Shortcourse Championship starting in Auckland today.

'JUST A LOT OF AGGRESSION AND GET IN THERE!' – ATHLETES GEAR UP FOR HALBERG JUNIOR DISABILITY GAMES | TVNZ1 NEWS | 6 OCTOBER (VIDEO)

It may be a grassroots event but the competition is fierce.

G-G OPENS THE HALBERG JUNIOR DISABILITY GAMES | HALBERG DISABILITY SPORT FOUNDATION PRESS RELEASE | 6 OCTOBER 2017

146 athletes aged eight to 21 years will be representing 12 regional teams in the national sports competition for physically disabled and visually impaired young people for three days of competition, fun and camaraderie for the event which is hosted by the Halberg Disability Sport Foundation.

RESEARCH

MINERALS MIGHT HELP ADHD | NZ HERALD | 4 OCTOBER

Based on observations by researchers, parents and teachers, the children consuming these micronutrients showed greater improvements in their ability to control their emotions and aggression compared to those taking the placebo, researchers said.

NEW TRIAL PROVES MICRONUTRIENTS EFFECTIVE FOR CHILDHOOD ADHD | UNIVERSITY OF CANTERBURY PRESS RELEASE | 3 OCTOBER 2017

New Zealand researchers have shown that vitamin-mineral treatment improves aggression and emotional regulation in children with Attention-Deficit/Hyperactivity Disorder (ADHD), in the first published results from a new trial.

MICRONUTRIENTS AID ADHD BATTLE | MANAWATU STANDARD | 3 OCTOBER

Isaiah is one of the many success stories from Canterbury University trial, which found specialist vitamins and minerals reduced aggression and improved emotional regulation in children with ADHD. The results were published in the Journal of Child Psychology and Psychiatry on Monday.

INTERNATIONAL

GAMERS TO THE RESCUE: DEVELOPERS RAISE FUNDS FOR THE DISABLED | FUTURE FIVE NZ | 4 OCTOBER

During One Special Day, mobile game developers united in order to help disabled people play video games. The donations will be used to create custom control setups that facilitate movements for gamers with various disabilities.

MISS WHEELCHAIR WORLD BEAUTY PAGEANT BREAKS DOWN BARRIERS FOR DISABLED WOMEN | ABC NEWS | 8 OCTOBER

A Polish organisation had held the first international edition of a beauty pageant for women in wheelchairs in an effort to change social perceptions about people with disabilities.

NEWSLETTERS ACROSS MY DESK

CADR Lines of Inquiry: August-September 2017

NZDSN October 2017 Newsletter

NZORD Update Newsletter - October 2017

New Zealand Listener

Radio New Zealand National *One in Five* Episode library

If there is no hyperlink on the headline, please request a copy of the article from me. At the time of publication it was not available online.

If you no longer wish to receive this e-mail newsletter please hit reply and ask to come off the list. I always welcome your feedback.

Melanie

Kind Regards Melanie Stassen Librarian

My hours of work are 9am to 5pm, Monday and Wednesday; 9.30am to 2.30pm Tuesday & Thursdays.

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Library Catalogue: http://ccsDisabilityAction.softlinkhosting.co.nz/liberty/libraryHome.do

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Te hunga hauā mauri mō ngā tāngata katoa

Providing free information services to people with disabilities and their families

The CCS Disability Action Information Service is proudly supported by the Ministry of Health