



Amputee  
Society  
of Canterbury &  
Westland Inc.

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## Nov 2022 Contents

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## Quote of the Month:

When hungry, eat your rice; when tired, close your eyes. Fools may laugh at me, but wise men will know what I mean.

*Lin-Chi*

## Fun Fact:

Earth has travelled more than 5,000 miles in the past 5 minutes.

The chance of you dying on the way to get your lottery tickets is actually greater than your chance of winning.

## Editor's Message

***Disclaimer: The information in this editorial does not necessarily reflect the views of the Amputee Society of Canterbury/Westland)***

The Editor's message in this issue will cover a few different items. Joanne, our website manager has made some "behind the scenes" important changes to our website. Going forward, the way the website is now configured will make it a very simple process for anyone to make changes should they be needed as opposed to having to call in the computer "boffins". Many thanks for all your hard work Jo.

We held a most successful quiz function at the Cranford Alehouse on Sunday August 28th and it was most heartening to see a great turnout from members, family & friends. We were able to raise over \$1400 through the fantastic support of the quiz and the wonderful raffles that Justine & Alesha put together. THANKS EVERYONE.

As you will read further on in this issue, Canterbury/Westland have agreed to host the Amputees Federation of NZ annual conference in Ch Ch next April. Please take note of the dates and further details will be disclosed in the February issue. It is a great opportunity for members to network with their peers from all around NZ, share knowledge and spread hope. Hoping you can attend some of the sessions.

CLIMATE CHANGE. We have all seen some of the dramatic effects that climate change has had and is having on our planet with droughts, flooding, storms, ice melt, sea level rise etc. Even though NZ (in 2019) contributed only 0.17% of all gross global emissions, we have a responsibility to do what we can from our little slice of the world to effect change so that those coming after us have hope for the future. I pray that the major contributors of global emissions, China, India, USA and others get on board with initiatives to minimise their carbon emissions for the sake off **all** those who inhabit this planet.

## MEET JILL WHITE:

My name is Jill White and I have been part of the amputee family for 58 years. I lost my left leg above the knee when I was knocked off my bicycle in December 1964. My parents Trish and Bill White lived in Bexley and raised 12 children. They were the best parents one could have ever hoped for. Dad owned his own butchers shop, grew a huge veggie garden and Mum was busy taking care of us.

I had five sisters and six brothers & when asked where I came in the family, I would say "5<sup>th</sup> from the bottom". We lived on 5 acres in Bexley Road in the house that was once owned by Leonard Cockayne who was known as New Zealand's greatest botanist. Our house was over 100 years old, had fireplaces in



every room, huge bedrooms, coal range & an outside loo. Mum did the washing in the huge copper. I spent my childhood along with my siblings climbing trees, building huts & playing back yard cricket. Our next-door neighbours had 10 children so you can imagine how we loved the outdoors. I come from a family who were so sporty and I spent many a Saturday watching rugby, cricket & netball. We also had a key to the school swimming pool so summer included lots of swimming. After my accident I was not able to play netball so I took up umpiring on a Saturday down at Hagley Courts. I was President of the New Brighton Netball Club and also took on the roles as Treasurer & Secretary when we were struggling to get a committee and also help coach their younger teams. I was also Assistant Treasurer of the New Brighton Rugby Club and was President of the Canterbury/Westland Amputees Society as well as helping with a swimming for the disabled group at Burwood Hospital.

In the summer I would go along with my eldest sister Nanette and my younger sister Lyn to watch Plunket Shield Cricket and to watch the New Zealand Men's cricket down at Lancaster Park. Not to mention in the winter I watched club rugby, Provincial rugby and the All Blacks play on the park. I think back on my life and realise I spend many, many hours of my time at Lancaster Park (I looked upon Lancaster Park as my second home)

I started school at 5 and attended Wainoni Primary School. We lived in Bexley Road right over the road from the school so as you can imagine there were lots of "Whites" at the school and to add to that, my oldest sister was a teacher there for some 40 years. I would regularly get asked by my Mum if I had homework and I

## JILL WHITE CONT:

would say no. However, as I was in my sister's class, (the teacher) she would also do me in and tell my Mum that yes in fact I did have homework. Couldn't get away with anything. After primary school, I went on to Aranui High School and at the age of 16, I left mid-term and went to Digby's Commercial College for six months to learn typing and shorthand. (It was what girls did then) After Commercial College, I then joined the BNZ as a typist. Over the years, I progressed up the ladder as a teller, telephonist & then supervisor. I also worked for the Bank as a Work Study Analyst and travelled to various branches throughout NZ studying processes and staffing. I was relieving in Retail Banking when I decided to take redundancy in 1995 and move on to something else.

I then started work at Signature Security as the Contact Centre Manager in their 24-hour Call Centre, then moved on to their sales area. When Signature was taken over by ADT, I decided that I didn't want to work for a company that was Global and the culture was not what I wanted to be part of. So, it was a time to reassess my life again. I applied to NZ Red Cross as their Meals on Wheels Co-Ordinator. Amazing job, managing & arranging drivers to deliver meals & with wonderful people who were always willing to help others. I still work for Red Cross now in their Contact Centre and love working for an organisation that makes a difference.

I think when I look back, being an amputee never held me back. My amazing parents never singled me out as being different. My friends also tell me that they never viewed me as an amputee. I remember I was on crutches with a peg leg playing backyard cricket with my sibling 6 weeks after I left hospital. No special treatment for me except that I batted more often than I fielded. The one constant in my life was the support of the Artificial Limb Centre, their wonderful staff and the encouragement they gave me when I was an 11 year old who had had a traumatic accident and had no idea what the future held for me. The Limb Centre continued to support not only me but also my parents who had never experienced anything like this before and my Mum always remembered Mrs Wyse (Amputee Society) for her kindness and support. So, I will finish this by saying how lucky I am to have such a great family, lots of friends and there is support out there.....**you just need to ask for it.**

## SOCIETY NOTICES:

If you have not yet paid your subscription for the current year, can we urge you to do so at your earliest convenience. If you are in any doubt, contact Justine and she can check our records...many thanks for your co-operation and support.

Amputee Awareness Week took place from October 4th-11th. It was a most successful event as per last year and a huge thank you to those members who manned our stand at The Palms Mall and at the markets. We saw quite a few members at these locations and your support for this initiative was most appreciated. It was very heartening to witness the public support and enthusiasm for our cause to raise awareness of the amputee community. A big shout out to Justine & Alesha who organised this important event.





## CHRISTMAS FUNCTION:

After the successful event held last year, we have made a booking to hold our Christmas function once again at The Redwood Hotel. We would love to see a good turnout from members/friends and look forward to catching up with you all on the day. There will be great raffles on offer so bring your spare cash.

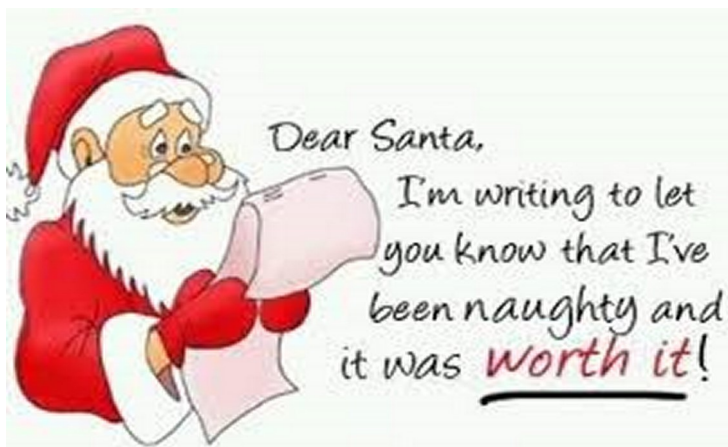
**PLACE:** The Redwood Hotel, 340 Main North Rd, Redwood.

**DATE:** Sunday, December 4th

**TIME:** From 12 noon and lunch @ 12.30pm.

**COST:** The society will subsidise the cost by \$5 making it **\$25 per person payable on the day.**

**Please advise of your intention to attend by contacting Justine on 021 1055189, [justinemw@me.com](mailto:justinemw@me.com) or Mark on 027 2381958, [mark.bruce@xtra.co.nz](mailto:mark.bruce@xtra.co.nz) by Nov 24th.**



## 76TH AMPUTEES FEDERATION CONFERENCE:

The Canterbury/Westland Amputee Society is thrilled to announce that we have agreed to host the 76th Amputees Federation conference in Christchurch over the weekend of April 14-16th, 2023. We last hosted the conference back in 2016 at The Sudima, ChCh Airport and it was a successful event that provided the opportunity for local members to gain knowledge and enjoy the company of their peers from all around NZ. The committee have already completed a lot of work to identify the best possible venue to hold the conference and we are pleased to announce that the venue will be the Crowne Plaza Hotel on the corner of Colombo/Armagh Sts. The venue only opened to the public in June 2022 so it is a brand new facility with superb furnishing & amenities finished to a very high standard that will suit our needs perfectly. The location, in the heart of the CBD, will provide attendees with easy access to many attractions. Further details will be published in the February newsletter...please keep these dates in mind.

## DISABILITY GOLF:


Disability Golf NZ invites all to the

# 2022 DISABILITY GOLF NZ OPEN



36 holes over two days to **socialise, support** and **tee-off** against All Abilities golfers and their supporters. **Golfers without disabilities welcome to play!**

### Date & Venue

 **Monday 28 - Tuesday 29 November 2022**

 **Manor Park Golf Sanctuary, 32 Golf Road, Manor Park, Lower Hutt**

### Categories

-  World Ranking for Golfers with Disability (WR4GD)
-  European Disabled Golf Association Access Pass (EDGA-Access)
-  Supporters/Visitors division

Format for WR4GD & Access Pass: Gross/Nett for handicap index of 18 and below, and Stableford for handicap index 18+. Supporters/Visitors will be a Stableford competition. If you require clubs, please organise this prior to event.

### Entry Fee

DGNZ members \$40\*

Supporters & Visitors \$100\*

Manor Park GC members \$50\*

\* Includes 2x rounds of golf, great prizes, refreshment after the first day & prizegiving buffet. **Proceeds will go toward a Paragolfer.**

**Entries close 18 November, 2022** To register scan the QR code with your smart device or go to <https://tinyurl.com/2022-DGNZOpen>

For more information, please contact Andrew Woo:  
 [disabilitygolfnz@gmail.com](mailto:disabilitygolfnz@gmail.com) or  021 885 678



Peke Waihanga  
Artificial Limb Service



**GOLF NZ**  
KORORŪKĀ AOTEAROA



GET CREATIVE:

# SOCKET COMPETITION

**Design an arm or leg socket that you would love to wear!** Pre and finished design ideas welcome!

Let your imagination run wild - anything you can print on a t-shirt can work as a design on a socket\*.

## How to Enter

Send your design/illustration/photo to [info@amputee.co.nz](mailto:info@amputee.co.nz) along with your:

- full name
- phone number
- postal address
- short description of your design.

**There are fantastic prizes to be won!**

**Entries open on 1 May 2022 and close on 28 February 2023.**

**\* Please keep your entries PG - we are a family-friendly group!**



## Smile Awhile



Jehovah witnesses training camp.



## Web Sites

**Amputee Society of  
Canterbury & Westland Inc.**

[www.amputeeinfo.co.nz](http://www.amputeeinfo.co.nz)

**The Amputees Federation of NZ**

[www.amputee.co.nz](http://www.amputee.co.nz)

**NZ Artificial Limb Service**

[www.nzals.govt.nz](http://www.nzals.govt.nz)

**Peer Support**

[www.peersupport.nz](http://www.peersupport.nz)

**Parafed Canterbury**

[www.parafedcanterbury.co.nz](http://www.parafedcanterbury.co.nz)

**International Diabetes Federation**

[www.idf.org](http://www.idf.org)

**Amputee News**

[www.amputeenews.com](http://www.amputeenews.com)

**Disability Rights Commissioner**

[www.hrc.co.nz](http://www.hrc.co.nz)

**UN Programme on Disability**

[www.un.org/issues/m-disabl.asp](http://www.un.org/issues/m-disabl.asp)

**Paraloan 03 3795983**

[www.paraloan.org.nz](http://www.paraloan.org.nz)

Email: [paraloan@xtra.co.nz](mailto:paraloan@xtra.co.nz)

**Nation Wide H&D Advocacy**

**Service – 0800 555050**

**Aspire Canterbury,  
Disabilities Information Service**

Braintree Wellness Centre. 70 Langdons Rd.  
CHCH

Website: [www.aspirecanterbury.org.nz](http://www.aspirecanterbury.org.nz)

Total Mobility. Contact Julie (03) 3669093

[julie@aspirecanterbury.org.nz](mailto:julie@aspirecanterbury.org.nz)

**LifeLinks.** 0800 866 877

Web: [lifelinks.co.nz](http://lifelinks.co.nz) Email: [office@lifelinks.co.nz](mailto:office@lifelinks.co.nz)



**CCS  
disability action**

Including all people

**TE HUNGA HAUĀ MAURI MŌ NGĀ TĀNGATA KĀTOA**  
CCS Disability Action

224 Lichfield St, Ch-Ch. Thomas Callanan.

03 3655661/0800 2272255.

Email: [canterbury@ccsdisabilityaction.org.nz](mailto:canterbury@ccsdisabilityaction.org.nz)

**Amputee Society of  
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**Vice President/Marketing**

Alesha Kelly 021 708863  
[alesha.kelly1618@gmail.com](mailto:alesha.kelly1618@gmail.com)

**Secretary/Treasurer/  
Funding**

Justine Mangan-Woods  
021 1055189  
[justinemw@me.com](mailto:justinemw@me.com)

**Web Site Manager**

Jo Boereboom 03 942-5320  
[farmtree58@gmail.com](mailto:farmtree58@gmail.com)

**Other Committee Members**

Vaughan Mangan-Woods  
Janice Frost, Sally Wihone  
Bob Newby, Lisa Gray

**West Coast Contact**

Will Sturkenboom  
03 732-8312  
[wsturk@xtra.co.nz](mailto:wsturk@xtra.co.nz)

**Total Mobility Scheme**

Agent: Aspire Canterbury  
03 3666189  
[julie@aspirecanterbury.org.nz](mailto:julie@aspirecanterbury.org.nz)

**Mobility Parking Permit**

CCS Disability Action  
03 365-5661/0800 2272255

**Life Members**

Rachel White Liz Rogers  
Heather Plows Ava Thomas  
Margaret Hunter

**Artificial Limb Service**

330 Burwood Road, Ch-Ch  
Phone 03-383-0501  
Fax 03-383-3566  
Hours: 8.00am - 4.30pm  
**Office administrators**

Pauline Afitu  
[Pauline.Afitu@nzals.co.nz](mailto:Pauline.Afitu@nzals.co.nz)  
Lynleigh Ashcroft  
[Lynleigh.Ashcroft@nzals.co.nz](mailto:Lynleigh.Ashcroft@nzals.co.nz)

**Amputee Society of  
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Westpac 03 0830 026 4400 00

**Burwood Hospital  
Hydro Pool**



**Wed: 4-30pm-6-30pm  
Sundays: 1pm - 2-30pm**  
This is with Parafed and there  
is a \$2.00 charge.



Christchurch City Council

**Disability Golf NZ**

For any enquiries about  
becoming involved, anywhere  
in NZ, please contact  
Andrew Woo, 021 885678  
[disabilitygolfnz@gmail.com](mailto:disabilitygolfnz@gmail.com)



**Need Computer Help ?**

Contact Joanne for advice  
at very affordable rates.

[www.computertutor.nz](http://www.computertutor.nz)

Mobile 027 2909246

Home 942-5320

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