

doing more
with less!



Amputee Society
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Affiliated with the Amputees Federation of New Zealand

August 2018

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Quote of the Month:

Twenty years from now you will be disappointed by the things you didn't do rather than the ones you did do. *Sarah Frances Brown*

Atheism is a non-prophet organisation. *Unknown*

Fun Fact:

The average person breathes on average about 8,409,600 times a year and you are 1% shorter in the evening than in the morning.

Editor's Message

Disclaimer: The information in this editorial does not necessarily reflect the views of the Amputee Society of Canterbury/Westland)

I write this editorial leading up to the proposed meeting to be held in Auckland this weekend by the Canadian pair of Stefan Molyneux & Laura Southern who seem to court controversy with their "far right" attitudes. Whilst I do not agree with many things they say, I do have to admit some support for them on certain points of view that they espouse. They believe the left has won this culture war. So they are fighting back with an army behind them-a growing online movement of people who, like them, are sceptical of the entrenched conventional wisdom surrounding these cultural issues.

"The first rule of multiculturalism is that can't talk about multiculturalism," Southern has said. The pair believe their voices have been marginalised by left-wing political views and a media establishment that prioritises what "isn't offensive" over what's "true". They are at the front line of what's called the "culture war"-a series of disagreements over the West's acceptance of political correctness, immigration, feminism, gender theory and multiculturalism. To automatically dismiss this online movement as an epidemic-level revival of racism seems both careless and simplistic. Molyneux and Southern are echoing the concerns of potentially millions of people, so censoring them from democratic debate is totally wrong. NZ's Free Speech Coalition has defended the right for this couple to speak and to let people make their own minds up whereas the Auckland Peace Action accuses the duo of hate speech and claim that they are attempting to deny others their rights as human beings. **That** view in my mind **is** both careless & simplistic. My view is that so long as their views do not breach The New Zealand Bill of Rights Act by inciting, insulting, threatening, or abusing with intent to create hostility, (which is an offence and breach of the law), then they should be allowed to speak. Let's hope that respect is shown by both sides and democracy wins out. Sadly, I have the feeling that the "rent a mob" mentality will attempt to deny free speech & democracy by showing no such respect and acting outside the laws of this country. Will they be charged for the Police time like Molyneux & Southern have?

MEET ED JONES:

Ed was born in 1973 in Te Awamutu where his father was stationed as a Church Minister. At the age of 4, the family moved to the Toronto area in Canada where his father worked for another 2 years before the family returned to NZ and lived in Putaruru for the next 3 years. When Ed was 9, another move took them to Lower Hutt where they put down roots and Ed's parents and two older siblings still live there. Ed has clear memories of living in the snow in Canada and enjoyed white Xmas's. He claims to have had an adventurous & happy childhood surrounded by a very good family environment. Obviously, Ed attended many different primary schools but completed his secondary schooling at Lower Hutt High School. While there, in 1989, Ed was involved in a serious motorcycle accident which caused him to have his left leg amputated below knee and Ed said that returning to school after the amputation was one of the hardest things he had to do in his life.



Ed decided to leave school at this point and in 1990, he started his apprenticeship as a fitter/welder and worked on many major projects around the Wellington area including Queens Wharf & Te Papa. While on the Te Papa site, he had a serious accident whilst coming down scaffolding when he fell and a concrete beam came down and struck him in the chest causing a rib to puncture a lung. After 8 years with his original company, he moved to another employer where he stayed for around 2 years and it was at this time that Cate & he were married. Their wedding was held on a bluff above the same river at Otaki where he recently attended the rafting activity with the youth group from GIAG at conference. For the last 3-4 years, Ed has assisted with the youth group at conference and he said that not only has he immensely enjoyed this but has also gained a lot of satisfaction from spending time with our young people.

In 2000, Cate & Ed made a move to Christchurch where they set up their own engineering business and they continue to run a successful business completing general engineering and making Jungle gyms. Around a year ago, the family moved from Heathcote Valley to a 10 acre property at Templeton where they thoroughly enjoy their new lifestyle. Ed & Cate have 2 children, Tamzin (16) & Regan (14) who are both heavily involved in sport and this provides Ed & Cate with much satisfaction in supporting their children in their endeavours. A few years back, Ed coached his son's rugby team with the current Crusaders coach, Scott Robertson & thoroughly enjoyed the experience of "running" with the boys.

Around 2 years ago, Ed was involved in a serious accident near Porters Pass and suffered a head injury that has "slowed " him down somewhat with his own activities but he claims to now be improving to the point where he can return to his own outdoor activities. Ed said that he loves being around water but is also very keen on snowboarding, cycling, trail running, quad bike activities and triathlons, of which he has completed about 10 of. He has twice been NZ champion for athletes with disabilities and represented NZ at the Oceania Triathlon Championships in Devonport, Tasmania in 2015. He has also completed the 26km running race from Camp Bay to Ships Cove in the

ED JONES CONTINUED:

Marlborough Sounds as well as the round Lake Rotoiti race near St Arnauds which he described as "very challenging". Ed claims to be most happy when he is fit, running and spending time with his family on holidays and watching, supporting his children at sport. What he does find hard is to have to take his prosthesis off when sore and not being able to do anything.

FAVOURITE FOOD: T-bone steak.

FAVOURITE MUSIC: From 70's-90's. Led Zeppelin, The Doors. Pink Floyd.

FAVOURITE MOVIE: Braveheart.

FAVOURITE BOOK: "Pillars of the Earth" by Ken Follett. Likes any thriller/drama type books and the author James Patterson.

Ed said that when he was young, he thought anything was possible as long as one set their mind to it and looks back on his life as "interesting"

Cate and Ed had their honeymoon in Vietnam, he has climbed Mount Kinabalu (higher than Mt Cook) in Borneo's Crocker Range and has travelled to Canada, England, Australia, Fiji, Singapore & Malaysia.

Ed has been an Amputee Society committee member for the last 5 years and looks after the distribution of "Welcome Packs" to the hospitals for new and prospective amputees. Thanks for all you do Ed to help your fellow amputees.

WALKING NETBALL:

Article supplied by Andrea McLay.

When I was a teenager I was an avid netballer. Playing watching and coaching. When I became a double amputee at the age of 17, netball was never mentioned again. Since moving to New Zealand 7 years ago, I have spent a lot more time watching netball, both on TV and on the side line with friends playing. I saw a Facebook post advertising walking netball a few months back and decided that **(Lisa on the left with Andrea beside her.)** this was my chance to participate in the sport that I loved so much as a youngster.



The rules are very similar to that of normal netball with the exception, **no running or jumping;** one foot has to be on the floor at any one time and you have 4 seconds to throw the ball. We play on 2/3rds of a netball court and usually play 5 or 6 a side. It's pretty amazing to see how far the players have come in a few weeks with throwing, catching and moving around the court. There is a diverse group of us that play walking netball, with a variety of ages and backgrounds. Being able to participate in a team sport with a group of people is great for not only physical health but also mental health. Lisa Gray, a fellow society member and participant says it's energetic and fun and I can only echo that sentiment.

We meet each Wednesday morning at Hagley Park netball courts from 10-1130am.

IF YOU FANCY A NEW CHALLENGE, COME ALONG AND HAVE A GO !!!!!

SOCIETY NEWS:

It is with much sadness that we have to advise that our Vice-President and hard working committee member, Chrissy Williamson, sadly passed away in hospital on July 11th. She had been admitted to hospital around 3 weeks prior but her condition quickly deteriorated. Chrissy put up a brave fight to the end and was still asking family/friends about amputee matters right up to when she passed away. Her passion for working towards the welfare & support of amputees will be sadly missed. On behalf of the society, we extend our heartfelt sympathies to Chrissy's family and friends. Rest in peace Chrissy. Our thanks go to Alesha Kelly has been co-opted into the position of Vice-President until our next AGM. Many thanks for stepping up Alesha.

Another gentle reminder for members to attend to their \$10 subscription for the current year. If in doubt, you can contact any of the committee, details on the back page. Coming together is a beginning; keeping together is progress; working together is success. If anyone wants to get in touch with our treasurer, Justine, you can email her or text her phone number and she will call you back as soon as possible, details on the back page.

We are holding another sausage sizzle on **October 14th at Mitre 10 Mega, Hornby**. Please contact Justine or myself if you are able to do an hour or two on the stand. It is a great opportunity to help your society and to meet the many great people who support us.

On July 15th, we held a hugely successful quiz function at The Cranford Alehouse. It was a fun & enjoyable event with great prizes and raffles and a big thank you to the loyal members who came along with their family/friends to support this event. We were able to raise nearly \$1,400, a **FANTASTIC** result. Our sincere thanks is also extended to the following people who donated gifts for the event. Andrew Norton from the Cranford Alehouse, Richard Norton from Baillies, Bruce Wylie from Waimate, Justin & Vaughan Mangan-Woods, Ann Bruce, Robyn Haughey, Gill Brereton from Bidfoods & Liz Woods form QE2 Dental.

We have set the date for this years' Christmas function. **Sunday, 18th November** and it would be great to catch up with friends, new and old.

Place: Bistro Bar, Hornby WMC, Carmen Rd.

Time: 11.30am for a get together, buy your raffle tickets (GREAT PRIZES) and a meal at midday. **Cost: \$23 pp payable at the function on the day.**

For those of you who are not conversant with the shop, **MORE MOBILITY**, it is located on the south side of Blenheim Rd between Clarence & Dalgety Streets. Just look for the big blue signs and there is ample off road car parking available. Kim, Russell, Tracey and the team are extremely helpful, super friendly and very knowledgeable. The showroom has an amazing variety of items ranging from kitchen aids, bathroom/toilet ware, walkers, ramps, wheelchairs, walking aids, grab rails, dressing aids, power chairs, scooters, lift chairs and much much more. Some items are available for hire on either a short or long term basis. Next time you are in the area, please call in to say hello to the team and have a browse around. Lots of interesting and useful items are on display. Russell & Kim have been very loyal supporters of our society for many years so please give them your support.



VISITORS NEEDED:

After many years of loyal service, one of our life members, Heather Plows, has had to withdraw her services from our visiting pool of volunteers. A huge thank you Heather for your wonderful contribution to your fellow amputees. If you would like to contribute in some way by visiting new amputees to offer support, please make contact with any of your committee members using the contact details on the back page. We can reimburse you for any expenses incurred in carrying out this role, i.e.; mileage and parking.

BUILT FOR BATTLE: KELLY BRUCE:

Kelly Bruce is a young woman who has graciously extended a wonderful opportunity to the Amputee Society of Canterbury/Westland. Kelly is training super hard to participate in a charity boxing event, Built For Battle, to be held at the Wigram Air Force Museum on Friday, 31st August. The event is raising funds for the Child Cancer Foundation but each fighter has chosen their own charity to fight for and Kelly has most kindly nominated our local society as her chosen benefactor. Kelly has her own Givealittle page which is, givealittle.co.nz/fundraiser/build-for-battle-kelly-bruce where donors can contribute to her cause. All donations made through her page will be directed to the Amputee Society which we are most eternally grateful for. Kelly is a courageous and most pleasant young woman who empathises with people suffering from limb loss as her late father was a peer of ours due to a rare illness. In Kelly's own words, "Amputation is something very close to my heart, my Dad had a rare illness he battled with for over 17 years which resulted in amputation of his right leg, sadly my Dad lost his battle in 2016. As a carer for my Dad I saw the struggles he had everyday as he learned to adjust to life as an amputee. Built for Battle has given me an opportunity to put my body on the line and raise funds for some amazing amputees in our community. If I can put my body on the line for this battle I challenge you to put your money on the line, help me reach my goal and lets make a difference - every dollar counts .A massive thank you To CACI clinic Riccarton for sponsoring my boxing fight " Tickets for this event can be purchased at www.dashtickets.co.nz/event/c574v3tb0 Kelly's manager and owner of the CACI Clinic, Riccarton, Kirsten Hemopo, is right behind Kelly in this journey and we thank Kirsten & CACI for their wonderful support. **Caci Riccarton, 170 Clarence St, phone 421-7189.**

At Caci, Riccarton, they specialise in results driven treatments and skin care, laser hair removal, appearance medicine, fat reduction and all your day to day beauty therapy needs. All of this brought to you with soothing sounds and a team of dedicated, friendly professionals. Please offer your support to Kelly, Kirsten and the staff at the Caci Clinic Riccarton.

GO KELLY...WE WISH YOU EVERY SUCCESS.



NEEDING A JOINER/CABINET MAKER?

Kevin Harris is a long term member of the society who attends most of our events so he may be known to some of you. Kevin lost his right leg below knee in 2001 after he fell through framing badly damaging his ankle which surgeons could not save. Kevin and his wife, Helen, live on the East side of the city in a new house rebuilt after the earthquake. Kevin is a Joiner/Cabinet Maker and owned his own kitchen business for around 20 years. He is available to carry out any general kitchen cabinetry, shelving, furniture repairs and much more from his home workshop at very competitive rates. Feel free to call Kevin or Helen on 388-0054 to discuss your needs and support one of your fellow amputees.



EDITOR'S COMMENT:

In previous editorials, I have made mention of what I would describe as both the fiscal and ethical irresponsibility of our council. The latest debacle surrounding the library touchscreen further advances the murmurings from suburbia about the surreptitious, clandestine & deceptive behaviour of our elected representatives, in particular, our Mayor. Remembering that our Mayor is the same person who was "booted" to the backbenches for misleading the Parliament. You know what they say about leopards. CCC has been branded "the most secretive council in the country" after refusing to reveal the cost of the library touchscreen until the country's top law officer threatened legal action. After a five-month battle with campaigners, the council has finally released the price of a seven-metre interactive touchscreen wall at the city's upcoming new central library – \$1.245 million. Our council repeatedly defied calls to tell ratepayers the cost, despite being ordered to by the ombudsman more than a month ago. Council finally caved in the day Attorney-General David Parker promised to look "urgently" at the council's long-running refusal. "We've never seen a council try to ignore an ombudsman recommendation, and it took us threatening to go to court – [we were] only minutes away from filing [legal documents] – for the public to receive this information. The mayor, who only six months ago was talking about transparency of spending, needs to take a look at her conscience about this."

Following this, Mayor Dalziel, strengthened her proven track record of deflecting any blame by hurriedly blaming her Chief Executive. HELLO Mrs Dalziel..being the Mayor means the **"buck stops with you"**. We have the debacles of the touchscreen, massive cost overruns on the cycle ways and 2 ugly pieces of timber by Anthony Gormley that cost ratepayers over \$502,000!! There again, we were told by "expert" purveyors of art that the statues "clearly depict the struggle of Canterbury people after the earthquake". Watch out for low flying pink pigs people !!! To my eye, it is a stained piece of wood, probably cut with a chainsaw that is doing a superb job of capturing weed & plastic bags in the Avon River but has diddly squat to do with anything pertaining to the earthquakes. Eureka, I've just realised why my rates have increased by **76%** in the last 4 years, thanks Lianne but **PLEASE**, cut us a break & don't stand for Mayor again in 2019...we've been hood-winked & whipped enough thanks.



Smile Awhile



Web Sites

**Amputee Society of
Canterbury & Westland Inc.**

www.amputeeinfo.co.nz

The Amputees Federation of NZ

www.af.org.nz

NZ Artificial Limb Service

www.nzals.govt.nz

Amputee Information

www.mossresourcenet.org

Parafed Canterbury

www.parafedcanterbury.co.nz

Disability Awareness in Action

www.daa.org.uk

Amputee News

www.amputeenews.com

Disability Rights Commissioner

www.hrc.co.nz

UN Programme on Disability

www.un.org/issues/m-disabl.asp

WEKA-NZ Disability Info

www.weka.govt.nz

**Nation Wide H&D Advocacy
Service – 0800 555050**

**Aspire Canterbury,
Disabilities Information Service**

314 Worcester Street, Christchurch

PO Box 32-074, Christchurch

(03) 366-6189

(03) 379-5939

9.00am - 4.30pm

Email: admin@aspirecanterbury.org.nz

Website: www.aspirecanterbury.org.nz

Kipp's Patch www.kipps-patch.com

International Diabetes Federation

www.idf.org



**CCS
disability action**

Including all people

TE HUNGA HAUĀ MAURI MŌ NGĀ TĀNGATA KĀTOA

CCS Disability Action

224 Lichfield St, Ch-Ch. Thomas Callanan.

03 3655661/0800 2272255.

Email: canterbury@ccsdisabilityaction.org.nz

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Total Mobility Scheme

Environment Canterbury
0800 324636

West Coast Contact

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03 732-8312
wsturk@xtra.co.nz

Life Members

Rachel White Rod Boyce
Liz Rogers Ray Boundy*
Heather Plows Ray Newton*

***Deceased**

Artificial Limb Service

330 Burwood Road, Christchurch
Phone 03-383-0501
Fax 03-383-3566
Hours: 8.00am - 4.30pm

Office administrator

Pauline Afitu
www.nzalb.govt.nz

**Amputee Society of
Canterbury/Westland Inc**

Westpac 03 0830 026 4400 00

**Burwood Hospital
Hydro Pool**



**Wed: 4-30pm-6-30pm
Sundays: 1pm – 2-30pm**
This is with Parafed and
there is a \$2.00 charge.



Christchurch City Council

Amputee Golf NZ

For any enquiries about
becoming involved, any-
where in NZ, please contact
Alan Dearden, 03 383-3766.



Need Computer Help ?

Contact Joanne for advice
at very affordable rates.
Mobile 027 2909246
Home 942-5320

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