

doing more
with less!



Amputee Society
Canterbury & Westland Inc

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June/2014

Quote of the Month:

Misfortune shows those who are
not really friends.

Aristotle (384 BC - 322 BC),

Editor's Message

Greetings all from sunny Florida! Yes I am back here again but this trip is not for pleasure but to care for a very ill Friend of 41 years.

This issue will be a bit shorter and I apologize but just haven't had the stamina to research etc as I usually do.

Just a reminder –the Parafed gym is now open once again, however the pool is still a work in progress and hopefully it won't be long before we are enjoying it again.

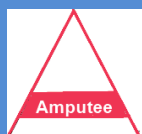
Nothing really new to report to you as I haven't heard back from any of you concerning ideas for future get togethers such as coffee meets, outings etc. Now with the weather turning colder outside activity will slow right down once again. We are always open to suggestions folks, as I have said in the past, and I think it would be so nice if we got together more often in some small way.

I watched a program the other day on D-Day and it interviewed some veterans and their stories were so interesting about what they have been doing since that day. I am sure that many of you also have interesting things to tell as well about your lives and would love to run a profile each issue and get to know some of you better. Give it some thought and just let me know if you would be interested.

A big welcome to our new members and just remember all of you that we are here for you in good times and bad. If any of you have had a special Birthday or Anniversary we would love to hear about it and pictures are always welcome of any activity you are involved in.

Take care everyone and stay warm and dry in the months ahead. Hopefully Old Man Winter will be kind to us this year, especially to those having their repairs done.

Be sure to check your limbs each day and any signs of distress or problems please let the Limb Center and your Doctor know. Until next time be good, be safe, and be kind to one another.



Address: PO Box 26-148 North Avon
Christchurch 8148

E-mail: info@amputee.info.co.nz
Web site: www.amputeeinfo.co.nz

Affiliated with Amputees Federation of NZ Inc.

Secretary Position Open

We are actively seeking a Secretary for our Society. This is a voluntary position and requires knowledge of emailing and MS Office Word and Excel.

This can be a very rewarding position to the right person. For further enquiries, please contact Treasurer/Interim Secretary, Ava Thomas on 3821873

Other members of the Executive Committee will also assist you in any way that they can.

Subs overdue

Hi Everyone. This is my last opportunity to remind you that subscriptions were due in January and if not paid before 30 June then membership will cease. You can post a cheque to me at P O Box 26148, ChCh 8148, pay cash at the Limb Centre or pay online to our bank account: 03 0830 0264400 00.

Stay warm. Ava

Approved Taxi companys for vouchers:

Blue Star Taxis	Ph: 3700 799
First Direct	Ph: 377 5555
Gold Band Taxis	Ph: 3795 795
Driving Miss Daisy	Ph: 0800 948 432

In Memory of Sid Common

It is with great sadness that we report our (and NZ's) oldest surviving War Vet amputee passed away aged 99 on Monday 12 May 2014.

Enquiries at the Limb Centre Christchurch revealed that there were a further 12 War Vet amputees in NZ on that day with the oldest being 97.

We were looking forward to sending congratulations to Sid in October this year when he would have celebrated his 100th birthday. Our condolences and thoughts go out to Sid's family.

As you may be aware, the Amputee Society was one of the four lucky recipients of the "Good in the Hood" promotion at the Linwood Avenue station during the month of March. We were well supported by customers and the staff at the station and I worked as a "community concierge" on the forecourt four days during the month which allowed me to talk to people about the society. It was a very worthwhile experience and I received a lot of positive feedback from customers about our work in the community.

On April 23rd, I attended a function where we were presented with a cheque for \$830 from Hamish Wright, the owner of the station. In addition to this, I would like to thank all the people who took time to play the online token hunt which resulted in The Amputee Society of Canterbury/Westland finishing FIRST in the country. As a result, we have had our \$830 doubled by Z Energy so we have been able to accrue \$1,660 to help with our finances. A very special thank you to Z Energy, Hamish Wright and Nathan, the manager at Z Linwood for their wonderful support.

Mark Bruce President



Nominations are now open for the 2014 Attitude Award

The national Attitude Awards, now in its seventh year, is an annual black tie gala dinner and awards ceremony that celebrates the accomplishments of Kiwis living with disabilities. They take place on World Disability Day, 3 December. ACC is proud to be Principal Sponsor of the Attitude Awards, which are organised by the Attitude Awards Trust, with support from Attitude Pictures and TVNZ.

Enter a friend, family member, employer, or client for an award!

Nominations close on **Wednesday 10 July**.

Nomination forms and more information is available at www.attitudeawards.org.

Mid Winter Christmas Lunch

Place: Hornby Working Men's Club, 17 Carmen Road, Hornby

Date: Sunday 20th July.

Time: 11 am for social drinks and get together

Meal: 12 Middyay

Cost: \$22 Per Person

Entertainment; 'Brian Ringrose" Music and Singing from 60s to 80s

Please ring Margaret on 03 3497 585 by the 14th July if you wish to attend.

We will pre pay for the meal as we have recently.

Pay by Cash and ring Ava 03 3821 873 or Margaret on 03 3497 585

Pay by Cheque to Amputees Society P O Box 26 148 North Avon ChCh
8148.,

Pay online 0308 30 026 4400 000

If we don't get a good response this time we may have to reconsider having these functions.



This is YOUR society folks and it is always so nice to meet up with all of you who attend these functions so PLEASE come along and join us as it would be a shame if events like this were cancelled due to lack of interest.

Pictures from National Convention (pirate theme)



.Nice costume Ed



Ed and Ava



gal pirate Leigh

Web Sites

Amputee Society of Canterbury & Westland Inc.

www.amputeeinfo.co.nz

The Amputee Federation of NZ

www.af.org

Amputee Information

www.mossresourcenet.org

International Diabetes Federation

www.idf.org

Parafed Canterbury

www.parafedcanterbury.co.nz

Disability Awareness in Action

www.daa.org.uk

Amputee News

www.amputeenews.com

Disability Rights Commission

www.drc-qb.org

UN Programme on Disability

www.un.org/issues/m-disabl.asp

WEKA-NZ Disability Info

www.weka.govt.nz

Nation Wide H&D Advocacy Service – 0800 555050

Disabilities Information Service

314 Worcester Street, Christchurch
PO Box 32-074, Christchurch
(03) 366-6189

(03) 379-5939

9.00am - 4.30pm

Email: admin@aspirecanterbury.org.nz

Website: www.aspirecanterbury.org.nz

Amputee Coalition (USA)

www.amputee-coalition.org

NZ Limb Service <http://nzals.govt.nz/>

Kipp's Patch www.kipps-patch.com

NEW FREE MAGAZINES AND WEBSITES

www.ottobockus.com/StayInTouch (Dialog Magazine)

newsletter@oandp.com (Edge Magazine)

[YouTube Instructional Videos](#)

[Facebook Community & Content](#)

[Momentum](#)

[Bloghttp://www.empoweringamputees.org/](http://www.empoweringamputees.org/)

<http://www.hanger.com/>

**Amputee Society of
Canterbury & Westland Inc.**

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Heather Plows
Ray Newton

Artificial Limb Service

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Christchurch Phone 03-383-
0501 Fax 03-383-
3566 Hours: 8.00am -
4.30pm

Manager

Graham Flanagan

Office administrator

Pauline Afitu
www.nzalb.govt.nz

Association Bank Info

Westpac 03 0830 026 4400 00

**Burwood Hospital
Hydro Pool**



**6:00-6:45 pm
Every Monday**

See you there for a
Relaxing session!
Funded by Lottery Board.

(closed until further notice)

Thanks to Our Sponsors:

